BaccMD Book of the Month Club Reads

Upcoming Reads

- Tuesday, September 30, 2025, <u>The Unseen Body: A Doctor's Journey Through the Hidden Wonders of Human Anatomy</u>, Jonathan Reisman, MD (Add to Calendar)
- Thursday, October 30, 2025, <u>Reproductive Injustice: Racism, Pregnancy, and Premature Birth, Dana-Ain Davis, PhD</u> (Add to Calendar)
- Monday, November 24, 2025, <u>Living Medicine: Don Thomas, Marrow Transplantation</u>, and the Cell Therapy Revolution, Fred Appelbaum, MD (Add to Calendar)
- Tuesday, December 30, 2025, <u>Lessons From the COVID War: An Investigative Report.</u> The COVID Crisis Group (Add to Calendar)
- Friday, January 30, 2026, <u>Taking Care: The Story of Nursing and Its Power to Change the World</u>, Sarah DiGregorio (Add to Calendar)
- Friday, February 27, 2026, <u>The Song of the Cell: An Exploration of Medicine and the New Human, Siddhartha Mukherjee, MD (Add to Calendar)</u>
- Tuesday, March 31, 2026, <u>American Breakdown: Our Ailing Nation, My Body's Revolt, and the Nineteenth-Century Woman Who Brought Me Back to Life, Jennifer Lunden, LCSW</u> (<u>Add to Calendar</u>)
- Thursday, April 30, 2026, <u>A Molecule Away From Madness: Tales of the Hijacked Brain, Sara Manning Peskin, MD, MS (Add to Calendar)</u>
- Friday, May 22, 2026, <u>The Genome Odyssey: Medical Mysteries and the Incredible Quest to Solve Them</u>, Euan Ashley, MD, PhD (Add to Calendar)

Past Reads

- We the Scientists: How a Daring Team of Parents and Doctors Forged a New Path for Medicine, by Amy Dockser Marcus
- Rough Sleepers: Dr. Jim O'Connell's Urgent Mission to Bring Healing to Homeless People, by Tracy Kidder
- The Curious History of the Heart: A Cultural and Scientific Journey, by Vincent M. Figueredo, MD
- The People's Hospital: Hope and Peril in American Medicine, by Ricardo Nuila, MD
- Legacy: A Black Physician Reckons with Racism in Medicine, by Uché Blackstock, MD
- All in Her Head: The Truth and Lies Early Medicine Taught Us About Women's Bodies and Why It Matters Today, by Elizabeth Comen, MD
- <u>Weathering: The Extraordinary Stress of Ordinary Life in an Unjust Society</u>, by Arline T.
 Geronimus, SCD
- And Finally: Matters of Life and Death, by Henry Marsh, MD
- Atomic Habits: An Easy & Proven Way to Build Good Habits & Break Bad Ones, by James Clear
- An American Sickness: How Healthcare Became Big Business and How You Can Take It Back, by Elisabeth Rosenthal
- Mr. Humble and Dr. Butcher: A Monkey's Head, the Pope's Neuroscientist, and the Quest to Transplant the Soul, by Brandy Schillace

- Hundreds of Interlaced Fingers: A Kidney Doctor's Search for the Perfect Match, by Vanessa Grubbs, MD
- An Elegant Defense: The Extraordinary New Science of the Immune System: A Tale in Four Lives, by Matt Ritchel
- *Thinking, Fast and Slow,* by Daniel Kahneman
- We Are All Perfectly Fine: A Memoir of Love, Medicine and Healing, by Jillian Horton, MD
- <u>In Shock: My Journey from Death to Recovery and the Redemptive Power of Hope</u>, by Rana Awdish
- <u>The Other Dr. Gilmer: Two Men, a Murder, and an Unlikely Fight for Justice</u>, by Benjamin Gilmer,
 MD
- Open Heart: A Cardiac Surgeon's Stories of Life and Death on the Operating Table, by Stephen Westaby, PhD, FRCS
- <u>Every Deep-Drawn Breath: A Critical Care Doctor on Healing, Recovery, and Transforming</u>
 Medicine in the ICU, by Wes Ely, MD
- The Beauty in Breaking: A Memoir, by Michele Harper, MD
- <u>Together: The Healing Power of Human Connection in a Sometimes Lonely World</u>, by Vivek H. Murthy, MD
- <u>Under the Skin: The Hidden Toll of Racism on American Lives and on the Health of Our Nation</u>, by Linda Villarosa
- <u>The Doctors Blackwell: How Two Pioneering Sisters Brought Medicine to Women and Women to Medicine</u>, by Janice P. Nimura
- When We Do Harm: A Doctor Confronts Medical Error, by Danielle Ofri, MD
- Healing: Our Path from Mental Illness to Mental Health, by Thomas Insel, MD
- The Measure of Our Days: A Spiritual Exploration of Illness, by Jerome Groopman
- The First Cell: And the Human Cost of Pursuing Cancer to the Last, by Azra Raza, MD
- How We Live, by Sherwin Nuland
- Kill as Few Patients as Possible, by Oscar London
- The Real Doctor Will See You Shortly: A Physician's First Year, by Matt McCarthy, MD
- <u>Womb With a View: Tales from the Delivery, Emergency and Operating Rooms</u>, by Rebecca Levy-Gantt, DO
- Letter to a Young Female Physician: Notes from a Medical Life, By Suzanne Koven, MD
- Do No Harm: Stories of Life, Death and Brain Surgery, by Henry Marsh, MD
- Every Patient Tells a Story, by Lisa Sanders
- When the Air Hits Your Brain, by Frank Vertosick Jr., MD
- <u>The Butchering Art: Joseph Lister's Quest to Transform the Grisly World of Victorian Medicine</u>, by Lindsey Fitzharris, PhD
- <u>Destiny of the Republic: A Tale of Madness, Medicine and the Murder of a President</u>, by Candice Millard
- Chang an Eng, by Darin Strauss
- When Invisible Children Sing, by Dr. Chi Huang
- <u>Heart: A History</u>, by Sandeep Jauhar, MD
- The Radium Girls: The Dark Story of America's Shining Women, by Kate Moore
- Brain on Fire: My Month of Madness, by Susannah Cahalan

- *On Apology,* by Aaron Lazare
- A Leg to Stand On, by Oliver Sacks, MD
- A Long Way Gone: Memoirs of a Child Soldier, by Ismael Beah
- At the Will of the Body: Reflections on Illness, by Arthur Frank
- How the Garcia Girls Lost Their Accents, by Julia Alvarez
- <u>Bellevue: Three Centuries of Medicine and Mayhem at America's Most Storied Hospital</u>, by David Oshinky, PhD
- Black Man in a White Coat: A Doctor's Reflections on Race and Medicine, by Damon Tweedy, MD
- The Doctor Stories, by William Carlos Williams, MD
- Grunt: The Curious Science of Humans at War, by Mary Roach
- <u>Doing Harm: The Truth about How Bad Medicine and Lazy Science Leave Women Dismissed,</u>
 <u>Misdiagnosed, and Sick, by Maya Dusenbery</u>
- How Doctors Think, by Jerome Groopman, MD
- Complications: A Surgeon's Notes on an Imperfect Science, by Atul Gawande, MD
- Hot Lights, Cold Steel: Life, Death and Sleepless Nights in A Surgeon's First Years, by Michael Collins, MD
- Better: A Surgeon's Notes on Performance, by Atul Gawande, MD
- The Soul of a Doctor, by Susan Poris, MD., Sachin H Jain, Gordon Harper, MD
- How We Die: Reflections of Life's Final Chapter, by Sherwin B. Nuland
- The Optimism Bias, By Tali Sharot
- Rosalind Franklin: The Dark Lady of DNA, by Brenda Maddox
- Letters to a Young Doctor, by Richard Selzer
- The Man Who Mistook His Wife for a Hat and Other Clinical Tales, by Oliver Sacks, MD
- The House of God, by Samuel Shem
- Unbroken Brain: A Revolutionary New Way of Understanding Addiction, by Maia Szalavitz
- My Own Country: A Doctor's Story, Abraham Verghese
- Grit: The Power of Passion and Perseverance, by Angela Duckworth
- <u>Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard</u> to Stop, by Anna Lembke, MD
- In the Land of Invisible Women: A Female Doctor's Journey in the Saudi Kingdom, by Qanta A. Ahmed
- Darkness Visible: A Memoir of Madness, by William Styron
- Stiff: The Curious Lives of Human Cadavers, by Mary Roach
- One Hundred Days: My Unexpected Journey from Doctor to Patient, by David Biro
- <u>Three Cups of Tea: One Man's Mission to Promote Peace One School at a Time</u>, by Greg Mortenson
- Evicted, by Matthew Desmond
- Cutting for Stone, by Abraham Verghese, MD
- Still Alice, by Lisa Genova

- Final Exam: A Surgeon's Reflection of Mortality, by Pauline Chen, MD
- <u>Tuesdays with Morrie: An Old Man, A Young Man, and Life's Greatest Lesson</u>, by Mitch Albom
- County: Life, Death, and Politics in Chicago, by David Ansel, MD
- *The Ghost Map*, by Steven Johnson
- Adventures of a Female Medical Detective, by Mary Guinan, PhD, MD
- The Checklist Manifesto: How to Get Things Right, by Atul Gawande
- Mountains Beyond Mountains: The Quest of Dr. Paul Farmer, by Tracy Kidder
- What Doctors Feel: How Emotions Affect the Practice of Medicine, by Danielle Ofri, MD
- <u>America's Bitter Pill: Money, Politics, Backroom Deals, and the Fight to Fix Our Broken Healthcare System</u>, by Steven Brill
- *The Organized Mind*, by Daniel J. Levitin
- The Boys in the Boat, by Daniel James Brown
- When Breath Becomes Air, by Paul Kalanithi
- <u>The Mind's Eye</u>, by Oliver Sacks
- My Beloved World, by Sonia Sotomayor
- Ghost Boy, by Martin Pistorius
- I am Malala, by Malala Yousafzai with Christina Lamb
- The Warmth of Other Suns, by Isabel Wilkerson
- <u>Theodore Rex</u>, by Edmond Morris
- <u>Unbroken</u>, by Laura Hillenbrand
- Blood: An Epic History of Medicine and Commerce, by Douglass Starr
- Blindspot: Hidden Biases of Good People, by Mahzarin R. Banaji & Anthony G. Greenwald
- Being Mortal, by Atul Gawande